

WORRY

Over the years, many people have asked me, "Pastor, how can I stop myself from worrying all the time?" My answer is always the same, "You can't stop worrying until you start trusting!"

Worry, when broken down to its most basic condition, is simply a belief that God is not in control. When you worry you are implying that God is not able. Worry questions God's authority as creator of all things. Worry also suggest that God doesn't know all things - that He has no knowledge of the future. Therefore, worry challenges some of the most prominent attributes in the divine nature:

1. Absolute ability. 2 Corinthians 9:8, "And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work." Ephesians 3:20, "Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us."
2. Absolute authority. Matthew 28:18, "And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth." John 5:22, "In addition, the Father judges no one. Instead, He has given the Son absolute authority to judge."
3. Absolute knowledge. Jeremiah 29:11, "For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." Colossians 2:3, "In Him lie hidden all the treasures of wisdom and knowledge."

However, God is able; He does have all authority; and He has knowledge of every detail concerning the future.

There is no reason for you to not trust Him. God IS in control!

And remember, if it is impossible to please God without faith, then it must be impossible to please God with worry!